

July General Meeting

TUESDAY, JULY 8

New Berlin Banquet Center • 16000 W. Cleveland Ave.
(east side of building)

6 pm: Check-in

6:30 pm: Socializing and event sign-ups

7 pm: General Meeting

7:45 pm: Dancing to the music of the Do-Wa-Wa

Guests welcome – \$10 admission

Sign up in advance

- ◆ Please register for the meeting online, call (414) 732-9749 or email Jan.Breitbach@gmail.com.

Reminders

- ◆ Wear your Vagabond name tag.
- ◆ Park on either side of the building.
- ◆ Update your name tag at the meeting if you renewed your membership online.

Dinner plans?

- ◆ For a meal beforehand, you might try the New Berlin Ale House (in the same building as our meeting but on the west side).
- ◆ No food or beverages may be brought into the meeting room.

THIS MONTH'S MUSIC



Four vagabonds are richer after playing Music Bingo at the June general meeting. Now it's back to dancing with some of the hottest bands around, starting with the Do-Wa-Wa, a high-energy 1950s and '60s dance band with a history that starts in Milwaukee during the golden period of rock-and-roll. Let us see if you can keep up with the tunes on the floor. Enjoy!

Next month: Advance Classic Rock Band, on Wednesday, Aug. 6.

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From the
President
Mary Beth Braun

July Fourth is our special day to celebrate our great country, to celebrate our freedom and to be grateful for all that we have. Take a minute to really appreciate your life, your blessings, your loves – all those who add to your life.

July is a happy month – it's summer, and our club has so many activities going on. Page through this *Life* issue and you'll see sports to participate in and some to be a spectator. Join a Supper Club night. Come to the Over the Hump at Curly's. The next one will be July 16 at Matty's (see page 7). Attend a baseball game. Play tennis. Walk in the park. Find your fun!

This year, our aim is to have a new membership "push." Every time you are with friends (non-members), talk up the club and its activities. Use words like *awesome*, *friendly*, *fun*. We would love to have more people. We want old and new members to get involved. You'll find that it is such fun to get to know new people. And a good place to meet new people is at our monthly general meetings. We need all of you to care about the club!

We'll see you at the next general meeting, **Tuesday, July 8**, at the New Berlin Banquet Center. Mark your calendars because this is different than our typical meeting date. We needed to change it because of booking conflicts at the banquet center.

God bless America – in July and all year!



Membership
Jan Breitbach

Welcome New or Returning Members

For an up-to-date list of members, see the online directory at VagabondSkiClub.com.

Rich Ambrose • Chuck Hathaway • John Rothschild
Sue Sujecki • Patricia Wehr

We are always seeking more friendly and smiling faces for help at the Welcome Desk on meeting nights. Contact Jan, (414) 732-9749 or Jan.Breitbach@gmail.com.



Over the Hump at Curly's. The next one will be July 16 at Matty's. (See Page 7.)



Ski Activities
Sally Borchardt

Aspen Snowmass • Feb. 7-14

Join the waiting list



There has been a tremendous response to our Snowmass ski trip February 7-14. Registration filled in nine hours, so we have started a waitlist. There is no charge to be added to the waitlist. (No payment is due until a spot becomes available for you.)

Questions? Contact **Joyce** at jszulc@wi.rr.com or (262) 902-3248.



Big Sky • Jan. 4-11

Sign-ups start July 8

For our first ski trip of 2026, we have changed the dates because of availability at Huntley Lodge.

Registration opens July 8 at the general meeting. Email sjborch27@aol.com for information.



CMSC Ski Trip to Europe

Jan. 24 to Feb. 5

Join other CMSC club members **Jan. 24 to Feb. 5** on a trip to Madonna di Campiglio, Italy, with an extension to Venice. Price is \$3,397 double occupancy.

Act now if interested: Contact Randy Baustert at (847) 254-9396 or SkiWithRandy@aol.com. The CMSC website is SkiCMSC.com.



CMSC Spring Fling • Mt. Bachelor • April 8-13

Another skiing opportunity in 2026: Join other CMSC skiers on a trip to Mt. Bachelor. Includes five nights lodging at Riverhouse Lodge in Bend, with daily breakfast buffet and shuttles to the ski area. Price: \$1,492, double occupancy.

Contact **Kevin Conlon** at (708) 906-9517 or kconzl@aol.com.



Sporting Activities Mary Beth Braun

Sunday bike rides



Port Washington ride

Thank you to our June and July bike leaders, including sweeps. We appreciate you! We do need volunteer bike leaders for several Sundays in August and also for a couple Sundays in September. Please contact our coordinators for bike rides: **Gary Kovach** (414-712-3897) or **Connie Sandell** (414-712-3817) to volunteer.

Arrive by 1:30 p.m. each week; be ready to ride at 1:45. All rides this month are on mostly asphalt surfaces.

July 6 – Lake Country Trail, starting in Pewaukee: We will meet at the Landsberg Center, 2700 Golf Road in Pewaukee; southeast corner of the Ingleside Hotel lot near I-94. This is an 18-mile bike ride, with the route being mostly flat but with a few climbs from Pewaukee to Delafield. Our route runs west past the Pewaukee and Nagawicka lakes. Afterward, you have the option of meeting at the Sunset Grill on Pewaukee Lake, W278 N2315 Prospect Ave., for food and drinks. Bring cash to cover food and drinks.

Leader: **Tom Schneider**, (414) 975-7908.

July 13 – Ozaukee Interurban Trail: We will start the ride at Spanky's Hideaway, 5208 W. County Line Road in Mequon. Cars can be parked in the back of the restaurant/bar parking

lot. This is a 15- to 18-mile round-trip ride north to Cedarburg and back to Spanky's for optional food and drinks. (25 cents extra for separate checks.)

Ride leader: **Donna Hoffman**, (414) 241-2157. Sweep: Diane Schmitt, (414) 690-4689.

July 20 – Bugline Trail: We will start the ride at the parking lot at Joecks Memorial Field, 7468 Lannon Road (Hwy Y), in Lannon and ride west on the trail for about one hour and return, a total distance of 18 miles. Afterward, you have the option of meeting at Rumors Sports Bar and Grill, W232 N6368 Waukesha Ave., Lannon, for food and drinks. Bring cash to cover food and drinks.

Leader: **Harv Vollriede**, (414) 416-7270. Sweep: **Bonnie Weidert**.

July 27 – South Shore Park to Grant Park: We will meet in front of the South Shore Park Pavilion (street side), 2900 South Shore Drive. Parking is available in South Shore Park or any of the city side streets. This is a 15.5-mile round-trip ride south on the Oak Leaf trail along Lake Michigan, with rolling hills and flat terrain. Afterward, you have the option of meeting at Barnacle Bud's, 1955 S. Hilbert St., Milwaukee, for food and drinks. Bring cash to cover food and drinks.

Ride leader: **Jay Zinn**, (414) 708-1663.



Root River weekend bike trip

Midweek Walks

Our one-hour walks are every Thursday morning from 11 to noon at various parks and other area locations. If you have a favorite place you would like to take us, please contact organizer and leader **Sherry Dobson** at (262) 498-4067.

July 3 – Lime Kiln Park, Menomonee Falls, 10:50 a.m.:

Meet in the public parking lot behind O'Brady's Irish Pub & Grill, N88 W16495 Main St. (just east of the intersection of Appleton Avenue (Hwy 175) and Main Street (Hwy 74). All trails are asphalt, with no hills.

July 10 – Oak Leaf Trail, Elm Grove and Brookfield, 10:50 a.m.: We will start our walk in downtown Elm Grove and pick up the Oak Leaf Trail and parts of the Hank Aaron Trail. Directions: Elm Grove Road to Wall Street (Sunset Playhouse is on this road); drive to the dead end and meet in the parking lot on your left. We will walk on paved surfaces, mostly flat.

July 17 – Whitnall Park, Greenfield, 10:50 a.m.: Meet in the golf course parking lot off the 92nd Street entrance (6751 S. 92nd St.). Turn left at the first stop sign. This walk route is generally not paved; some spots may be muddy.

July 24 – Greenfield Park, West Allis, 10:50 a.m.: Meet in the parking lot off Lincoln Avenue just east of 124th Street; meet near the children's play area. The paths are paved and flat.

July 31 – Honey Creek Parkway, Wauwatosa Hart Park, 10:50 a.m.: Meet in the parking lot of the Wauwatosa Hart Park Senior Center, 7300 W. Chestnut St. Directions: Downtown Wauwatosa on State Street to 70th Street, south to Chestnut Street – follow the road to the Senior Center. We will walk on the Honey Creek Parkway along the Menomonee River.



On May 17, the Vagabond Ski and Social Club hosted a Recognition Dinner to thank members who have volunteered many hours to support the club and make events happen. We extended our thanks to people in all aspects of the club: membership, social activities, racquet sports, skiing and sporting activities.

As a club, we honored some members with awards because they have consistently worked for the club for the past three years or more as event planners, coordinators and overall leaders.

Outstanding Service Awards



Gary Kovach

Gary has been a leader for hiking and bike rides for many years. He strives to know the best routes in the best parks. In the past, he was the bike leader on the Door County getaway, and he helped introduce pickleball when the club added that sport to our lineup of activities.



Betty Riley

Betty has often volunteered to lead Sunday hikes, and more often she has stepped up to lead on Sundays when no one else does. She is so dependable, and we thank her for being so active in the club.



Sherry Dobson

Sherry has planned and led our midweek walks from March through October for the past three years. She scouts out new walks in various locations and strives to create interest in the walks every week.



Carol Thomson

Carol was sporting director on the board for four years, and most recently she has been the board secretary for the past four years. We thank her for the many hours she has given to the club in these positions.

Outstanding Achievement Award



Sue Cummings

Sue has given many hours to the club, serving on the board beginning in 2012 as Finance & Bylaws Director. She was instrumental in doing a major rewrite of the club's bylaws, articles of incorporation, and policies.

Most recently, Sue has planned our winter getaways. She is an exceptional trip leader, being accessible to everyone and being helpful throughout the trip.



Bob Spindell

Bob, a past president, served on the board from 1993 to 1998; he helped plan ski trips and also hire bands. He is better known to us as the planner of foreign trips, arranger of airline schedules and bus transportation,

hotels rooms and cruise ship cabins.

Bob is outstanding in serving our club with fabulous international trips.

Lifetime Achievement Award



Linda Horn

Linda has been president, vice president, secretary and director of tennis. She has planned many events, not the least of which is working with Bob Spindell on coordinating international trips. She worked tediously on the tennis schedules and tennis parties over the years.

Linda has been the key instrumental person to bring Wild Apricot to us. She has worked patiently and persistently to bring the club into the digital world. She has been a teacher as well, as she taught so many of us how to use Wild Apricot.

We thank Linda for all she has done for this club!





International
Travel
Linda Horn



Punta Cana

Feb. 5-12 (Thursday – Thursday)

Registration opens July 1

Have fun in the sun at Secrets Royal Beach Resort in Punta Cana, Dominican Republic. This adults-only, all-inclusive resort offers unlimited dining at 12 restaurants, drinks, wi-fi, nightly entertainment, tennis courts, water aerobics, infinity pool, swim-up bar, long beach and access to Dreams next door.

We were there in 2024 and enjoyed it so much that we are returning. Great food, entertainment, basically an excellent property.

Sign-ups start **July 1**. A deposit of **\$100** per person is due Sept. 25 on the Vagabond website or app.

Pool view \$2,584, double occupancy. Package includes round-trip, nonstop flights between Milwaukee and Punta Cana.

Partial payment and insurance due to travel agent by Sept. 26. Final payment due Nov. 3. Other charges: insurance, baggage fees, taxes, and other charges you may incur. Call **Sue** with questions at (414) 421-6248.

Japan & Seoul Land and Sea

Aug. 21 to Sept. 4

\$5,194 • Join the wait list



Our trip to Japan this summer is full, with a waiting list started. Departing Aug. 21, we will spend three nights in Tokyo, followed by a 10-day cruise and then an optional extension Sept. 4-8 in South Korea. Call **Bob** at (414) 276-6331.

Racquet Sports

Summer Tennis League

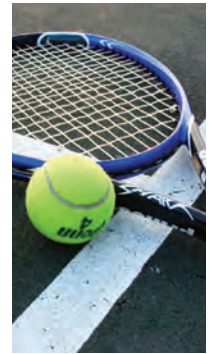
6-7:30 pm Mondays

Elm Grove Village Park

We need substitute players to fill in when needed for Monday-night tennis at Elm Grove Village Park. All skill levels are welcome. The matches are social, mixed doubles.

Substitutes pay a one-time registration fee of \$15 for the season.

After tennis each week, players gather at Sluggo's Sports Pub & Grill, 12760 W. Burleigh Road, for beverages, food and social time.



Drop-in Tennis

Saturday mornings at
Nathan Hale High School

Vagabonds meet and play tennis at 9:30 a.m. Saturdays at Nathan Hale High School, 11601 W Lincoln Ave., West Allis. There is no fee, and no sign-up is necessary. Just show up and get on a court with players at your ability level.

Coordinator: **Greg Larson**, (414) 588-4998.



Playing the long game

More than a workout, sports offer physical, mental, and social benefits that may extend your life by nearly a decade. If your goal is to stay healthy, active and engaged for as long as possible, you might want to pick up a racquet. Research has found that racquet sports are more beneficial to

longevity than some other forms of exercise.

A study in Denmark followed 8,500 people for 25 years and concluded that people who regularly played racquet sports lived 10 years longer than sedentary people. In addition to the physical benefits (cardiovascular and musculoskeletal), tennis fosters social connection.

A 2020 study reported that tennis players over age 45 have lower rates of heart disease and obesity than non-players. And a 2023 review found that pickleball players experience psychological benefits including personal well-being and decreased rates of stress and depression.

We know that regular exercise is essential: Adults should aim for 150 minutes of moderate-intensity aerobic activity per week, along with resistance training and balance work.

--- from *Super Age*



Social Activities
Denise Kremel

Friday Fish Fry

July 11

North Star American Bistro
Brookfield

Our next fish fry will be July 11 at North Star American Bistro, 19115 W. Capitol Drive (Sendik's Towne Centre). Meet at the bar any time after 4:30 p.m. Dine at 5:30 p.m.

Menu: cod \$22, perch \$24. Please bring cash.

Questions? **Nancy Drolshagen** at (414) 491-3147 or **Cathy Faust** at (414) 429-2384. Limit of 20 reservations, so kindly call to cancel if you are unable to attend!

Over the Hump • July 16

Matty's Bar and Grille, New Berlin

Meet your friends for fun, food and drinks: Our next Over the Hump gathering will be Wednesday, July 16, at Matty's Bar and Grille, 14460 College Ave., New Berlin, just west of Sunny Slope.

No sign-up is necessary; just show up between 4 and 7 p.m. Questions call **Cathy Faust**, (414) 429-2384, or **Nancy Drolshagen**, (414) 491-3147, with questions.



Scrabble summer break

We are not meeting for Scrabble games in July or August. See you in September.

Call **Lynn Kozlowski** at (414) 545-2208.

Sheepshead

6-9 pm Tuesday, July 8 and 22
New Berlin Ale House

We play Sheepshead from 6-9 p.m. on the second and fourth Tuesdays of each month at New Berlin Ale House. The next gatherings will be **July 8 and 22**.

Non-members, members and all levels of play are welcome.

Fee: at least one food/beverage order (plus tip) plus \$1 per person; bring more money, and you may win or lose.

Questions: **Jae Hartnell**, (608) 712-7440.



Supper club outing • Sept. 17

Relish Supper Club

N116 W15841 Main St., Germantown

Join us Wednesday, Sept. 17, for a new supper club experience. Happy hour starts at 3 p.m., with dinner at 5:30 p.m. You may order anything off the menu. The relish bar is an additional \$5. Desserts and ice cream drinks will also be available.

Separate checks will be available, but you must pay in cash.

Registration opens **June 30** in Wild Apricot. Limited to the first 20 people to sign up.

Any questions, please call **Sue Bednarczyk** at (262) 781-7329.



Nashville Road Trip

with Diamond Tours

Oct. 6-11

Kick it up in the home of Country Music as we visit Nashville by bus Oct. 6-11. Our trip will include:

- * Motorcoach transportation.
- * Five nights lodging, including three consecutive nights in the Nashville area.
- * Eight meals: five breakfasts and three dinners.
- * Two great shows: Grand Ole Opry and Nashville Nightlife Dinner Theater.
- * Guided tours of Nashville and the Belle Meade Historic Site and Winery.
- * Admission to the Country Music Hall of Fame and Museum.
- * A behind-the-scenes tour of the Grand Ole Opry House or the Ryman Auditorium.

Price: \$975 double occupancy or \$1,215 single occupancy, not including trip insurance, which is highly recommended.

A **\$75** deposit is due upon sign-up. **Balance due July 30**. All payments must be made in Wild Apricot or at the monthly meeting via credit card. We have met the minimum of 30 people and can accept more until July 30.

Any questions, call **Denise Kremel** at (262) 524-1023.

Over 65 Years of Fun and Friendships

Vagabond Ski & Social Club Membership
7809 W. Mount Vernon Ave.
Milwaukee, WI 53213

Facebook Help Wanted

Help us find new members through Facebook: Click Like on the Vagabond Ski and Social Club page. To post pictures from club events, send them to jszulc@wi.rr.com.

Stay Informed

For up-to-date information on club events and activities, including news and photos, visit VagabondSkiClub.com.

DATED MATERIAL

Deliver by June 28

FUTURE EVENTS		Sun	Mon	Tue	Wed	Thu	Fri	Sat
Aug. 21	Japan	29	30	1	2	3	4	5
Sept. 6	France				Golf	Walk Pickleball	Golf	Tennis
Sept. 17	Relish							
Oct. 6	Nashville	6	7	8	9	10	11	12
Jan. 4	Big Sky	Bike ride	Tennis	Sheepshead General mtg	Golf	Walk Pickleball	Golf North Star	Tennis
Jan. 24	Italy							
Feb. 5	Punta Cana							
Feb. 7	Snowmass							
April 8	Mt. Bachelor							
		13	14	15	16	17	18	19
		Bike ride	Tennis		Golf Matty's	Walk Pickleball	Golf	Tennis
		20	21	22	23	24	25	26
		Bike ride	Tennis	Sheepshead	Golf	Walk Pickleball	Golf	Tennis
		27	28	29	30	31	1	2
		Bike ride Chicago baseball	Tennis		Golf Board mtg	Walk Pickleball		



Independence Day, July 4